



Welcome to our Lunch Cafe

Morris School District Elementary

June
2021

The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday

Tuesday

Wednesday

Thursday

Friday



1 Chicken Delight Wrap
Baby Carrots
Fresh Orange
Fat Free Chocolate Milk

2 Yogurt Lunch
Celery
Baby Carrots
Fresh Pear
Fat Free Chocolate Milk

3 Bagel Melt
Black Beans
Fresh Grapes
Fat Free Chocolate Milk

4 Chicken Caesar Salad
Tomatoes
Ranch Dressing
Fresh Pear
Fat Free Chocolate Milk

7 Bagel with String Cheese
Shredded Carrots
Fresh Apple
Fat Free Chocolate Milk

8 Crispy Chicken Sandwich
Corn
Fresh Orange
Fat Free Chocolate Milk

9 Yogurt Lunch
Shredded Carrots
Celery Sticks
Fresh Pear
Fat Free Chocolate Milk

10 Grilled Chicken Salad with Dinner Rolls
Side of Beans
Ranch Dressing
Fresh Apple
Fat Free Chocolate Milk

11 Ham & Cheese Sandwich
Tomatoes
Fresh Pear
Fat Free Chocolate Milk

14 Bagel with String Cheese
Sweet Corn
Apple Slices
Fat Free Chocolate Milk

15 Chicken Delight Wrap
Shredded Carrots
Fresh Orange
Fat Free Chocolate Milk

16 Yogurt Lunch
Celery Sticks
Fresh Grapes
Fat Free Chocolate Milk

17 Bagel Melt
Side of Beans
Apple Slices
Fat Free Chocolate Milk

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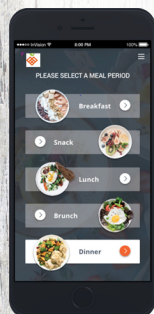
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HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



ALL LUNCHES INCLUDE
PROTEIN, GRAIN, FRESH
FRUIT, VEGETABLE &
FAT FREE MILK
LUNCHES ARE FREE OF
CHARGE
LET YOUR TEACHER KNOW
IF YOU WOULD LIKE LUNCH
& BREAKFAST TO TAKE

GRAB & GO BREAKFAST & LUNCH AVAILABLE & SENT HOME DAILY

@ NO CHARGE FOR ALL STUDENTS

**VIRTUAL STUDENTS CAN PICK UP
BREAKFAST & LUNCH AS FOLLOWS**
**Morris HS :8:00am-9:00am & 11:30-
12:30pm Mon, Wed, Fri. Weekend
meals are included in**

**Fridaybag questions... call 973-292-2000 ext
2111 or email JOHN.OPP@msd.k12.nj.us**



Vegetarian



HOME



Made With
Natural Ingredients



Pork



Smart
Choice



Made With
Organic Ingredients

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.